



## Daily Gymnasium Schedule

(Effective October 9 - December 3, 2017)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00am	Gym N/A	Open Gym Drop-In 9am - 3:30pm	Gym N/A	Open Gym Drop-In 9am - 1:45pm	Gym N/A	Gym N/A	Open Gym Drop-In 9am - 12pm
9:30am	Reg. Program 9:30am - 12pm <i>(excl. Oct 9)</i>		Reg. Program 9:45 - 11:30am		Reg. Program 9:30am - 12pm <i>(excl. Nov 11, 18 &amp; 25)</i>		
10:00am							
10:30am							
11:00am							
11:30am	Gym N/A		Open Gym Drop-In 11:45 - 4:15pm		Pickleball Drop-In (Family & Youth) 2 - 4pm	Open Gym Drop-In 2:45pm - 4:15pm	
12:00pm							
12:30pm							
1:00pm							
1:30pm	Reg. Program 1 - 2pm <i>(excl. Oct 9)</i>	Volleyball Drop-In (Family & Youth) 3:45 - 5:45pm	Reg. Program 4:30 - 5:30pm	Reg. Program 4:30 - 5:15pm	Private Booking	Reserved for Bookings	Reserved for Bookings
2:00pm							
2:30pm							
3:00pm							
3:30pm	Open Gym Drop-In 2:15 - 4:45pm	Reg. Program 5 - 6pm <i>(excl Oct 9 - ends Oct 23)</i>	Open Gym Drop-In 5:45-7pm	Reg. Program 5:15 - 6:15pm	Open Gym Drop-In 5:45-8:30pm	Badminton Drop-In 4 - 6pm (Family & Youth) <i>(excl. Oct 14)</i>	Open Gym Drop-In 4 - 8:30pm
4:00pm							
4:30pm							
5:00pm							
5:30pm	Reg. Program 6 - 7pm <i>(excl. Oct 9)</i>	Reg. Program 6:15 - 7:15pm <i>(excl. Oct 31)</i>	Reg. Program 7:15 - 8:15pm <i>(Starts Oct 25)</i>	Reg. Program 6:15 - 7:15pm	Reg. Program 7:30 - 8:30pm <i>(Starts Oct 26)</i>	Open Gym Drop-In 6:15 - 8:30pm	
6:00pm							
6:30pm							
7:00pm							
7:30pm	Reg. Program 7 - 8pm <i>(excl. Oct 9)</i>	Reg. Program 7:30 - 8:30pm <i>(Starts Oct 24)</i>	Floor Hockey (adult drop-in) 8:30 - 10pm	Badminton (adult drop-in) 8:30 - 10pm	Basketball (adult drop-in) 8:30 - 10pm	Volleyball (adult drop-in) 8:30 - 10pm	Badminton (adult drop-in) 8:30 - 10pm
8:00pm							
8:30pm							
9:00pm							
9:30pm	Pickleball (adult drop-in) 8:30 - 10pm	Basketball (adult drop-in) 8:30 - 10pm	Floor Hockey (adult drop-in) 8:30 - 10pm	Badminton (adult drop-in) 8:30 - 10pm	Basketball (adult drop-in) 8:30 - 10pm	Volleyball (adult drop-in) 8:30 - 10pm	Badminton (adult drop-in) 8:30 - 10pm
10:00pm							

**\*ALL USERS MUST CHECK IN AT THE OFFICE  
BEFORE ENTERING THE GYM**

**\*INDOOR SHOES ARE MANDATORY  
FOR ALL USERS**